

Therapy Pool Availability

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00-7:00						AWCI	
7:00-8:00						Closed	
8:00-9:00							AWCI
9:00-9:30	Warm Water Exercise		Warm Water Exercise		Warm Water Exercise		Closed
9:30-10:30	Warm Water Exercise		Warm Water Exercise		Warm Water Exercise		
10:30-11:00	Warm Water Exercise		Warm Water Exercise		Warm Water Exercise		
11:00-12:00							
12:00-1:00							
1:00-2:00							
*2:00-3:00	<i>OPEN *</i>	<i>OPEN *</i>	<i>OPEN *</i>	<i>OPEN *</i>	<i>OPEN *</i>		
*3:00-4:00	<i>OPEN *</i>	<i>OPEN *</i>	<i>OPEN *</i>	<i>OPEN *</i>	<i>OPEN *</i>		
4:00-5:00							
5:00-6:00						AWCI	
6:00-7:00	AQTC ONLY	AQTC ONLY		AQTC ONLY		Closed	AWCI
7:00-8:00	AQTC ONLY	AQTC ONLY		AQTC ONLY			Closed

* *RESERVED FOR ALLEGHANY HEALTH AQUATIC THERAPY SESSIONS IF NECESSARY*

AQTC - AquaTechs Swim Team